

Richard D. Skeirik (Sky' rick)
873 E Baltimore Pike #742
Kennett Square, PA 19348

Summary

An active freestyle and moves skater with 11 years skating experience, Basic PSA Accreditation (2004), an active PSA member, and Graduate Certified in Sport Psychology (2004), I am seeking group and individual teaching opportunities as part of a Mental Skills Coaching and Skate Coaching career.

I have excellent interaction skills with parents, children, teens, and adult skaters. I learned to skate as an adult, so I can encourage and inspire adults new to skating. My sport psychology training gives me a multi-dimensional interest in athletes as individuals as well as technicians. My 22 years experience in DuPont in various technical and engineering roles leaves me with good ability to work within organizations and collaborate with peers and superiors.

Professional Skating Credentials:

Member, PSA since 1999
Volunteer Asst – Group Classes - 1999
Basic Accredited – June 2004
Registered Sports Science Qualified – Dec 2004
Graduate Certificate in Sport Psychology, Capella U - 2004
Attended Sports Medicine Society Congress of USFS in Portland – Jan 2005
Poster Presentation to Sports Medicine Society of USFS – “Readiness Pyramid for Peak Performance” – Jan 2005
Poster Presentation to Sports Medicine Society of USFS – “Optimal Adult Interaction Styles for Teen Athletes” – Jan 2005

Competitive Skating Credentials:

Passed Adult Silver Freestyle test – 1998
Passed Preliminary Freestyle test – 1998
Passed Juvenile Moves in the Field – 1999
Passed ISI Freestyle I - 1994

Adult Nationals Silver Freestyle Competitor – 1999,2000
Adult Nationals Bronze Freestyle Competitor – 1997-1998
Local Competitor – Bronze & Silver Freestyle; Interpretive – 1996-2002

Work Experience Outside Skating:

DuPont Engineering – 1995-2004
DuPont Chemicals, Information Technology – 1982-1995
Author and Publisher of five Books
Inventor: 17 US patents

Education

Graduate Certificate Sport Psychology, Capella U, 2004

MS Chemical Engineering, Michigan State U, 1981

BS Biochemistry, Michigan State U, 1978